

## Spa Treatments

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### SAFETY HARBOR RESORT & SPA/ Body Exfoliation

Select	<b>Men`s Sea Salt Scrub</b>	<b>Price:</b> \$55.00	<b>Duration:</b> 00:30
<p>A full body exfoliation and refinement of your skin using the therapeutic benefits of Dead Sea salts along with skin conditioning oils. YOU MUST BE 18 YEARS of age to have this service.</p>			

Select	<b>Men`s Spa Gommage</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:00
<p>Spa Body Gommage-An exfoliation combined with a wrap to renew the skin`s youthful appearance. This treatment is recommended for people with sensitive skin. YOU MUST BE 18 YEARS of age to have this service.</p>			

Select	<b>Women`s Sea Salt Scrub</b>	<b>Price:</b> \$55.00	<b>Duration:</b> 00:30
<p>A full body exfoliation and refinement of your skin using the therapeutic benefits of Dead Sea salts along with skin conditioning oils. YOU MUST BE 18 YEARS of age to have this service.</p>			

Select	<b>Women`s Spa Body Gommage</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:00
<p>Spa Body Gommage-An exfoliation combined with a wrap to renew the skin`s youthful appearance. This treatment is recommended for people with sensitive skin. YOU MUST BE 18 YEARS of age to have this service.</p>			

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### SAFETY HARBOR RESORT & SPA/ Body Masks

Select	<b>Men`s Caribbean Therapy Treatment</b>	<b>Price:</b> \$175.00	<b>Duration:</b> 01:30
<p>Your treatment begins with a dry exfoliation followed by a smoothing, detoxifying seaweed masque, a comforting body wrap and a scalp and face massage completes this island inspired experience. CONTRIDITIONS: High Blood Pressure, Diabetes, Varicose Veins, and Phlebitis. YOU MUST BE 18 YEARS of age to have this service.</p>			

Select	<b>Men`s Herbal Science Remedy Mask</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:00
<p>Herbal Science Remedy Mask- A relaxing herbal mud wrap that smoothes, hydrates and softens the skin. Aveda aroma oils will heighten the senses. YOU MUST BE 18 YEARS of age to have this service.</p>			

Select	<b>Men`s Rosemary Mint Awakening Wrap</b>	<b>Price: \$100.00</b>	<b>Duration: 01:00</b>
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Essences of rosemary and peppermint awaken your senses while a scalp and foot massage balances your whole body. YOU MUST BE 18 YEARS of age to have this service.

Select	<b>Women`s Caribbean Therapy Treatment</b>	<b>Price: \$175.00</b>	<b>Duration: 01:30</b>
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Your treatment begins with a dry exfoliation followed by a smoothing, detoxifying seaweed masque, a comforting body wrap and a scalp and face massage completes this island inspired experience. CONTRIDITIONS: High Blood Pressure, Diabetes, Varicose Veins, Pregnancy, and Phlebitis. YOU MUST BE 18 YEARS of age to have this service.

Select	<b>Women`s Herbal Science Remedy Mask</b>	<b>Price: \$100.00</b>	<b>Duration: 01:00</b>
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Herbal Science Remedy Mask- A relaxing herbal mud wrap that smoothes, hydrates and softens the skin. Aveda aroma oils heighten the senses. YOU MUST BE 18 YEARS of age to have this service.

Select	<b>Women`s Rosemary Mint Awakening Wrap</b>	<b>Price: \$100.00</b>	<b>Duration: 01:00</b>
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Essences of rosemary and peppermint awaken your senses while a scalp and foot massage balances your whole body. YOU MUST BE 18 YEARS of age to have this service.

Select	<b>Women`s Sea Science Remedy</b>	<b>Price: \$175.00</b>	<b>Duration: 01:30</b>
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An intense detoxifying wrap using Aveda essential oils combined with a relaxing scalp massage and ending with a body massage. YOU MUST BE 18 YEARS of age to have service. CONTRIDITIONS: Pregancy or any allergies to seaweed.

Select	<b>Women`s Spa Total Firming Wrap</b>	<b>Price: \$175.00</b>	<b>Duration: 01:30</b>
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A full body firming wrap using Aveda essential oils to enhance the toning and elasticity of the skin. YOU MUST BE 18 YEARS of age to have this service. CONTRADICTIONS:High Blood Pressure, Diabetes, Varicose Veins, Pregnancy, and Phlebitis

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## **SAFETY HARBOR RESORT & SPA/ Depilatory Waxing**

Select	<b>Back Wax</b>	<b>Price: \$45.00</b>	<b>Duration: 00:45</b>
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Back Wax - Smooth and silky skin for weeks. YOU MUST BE 18 YEARS of age to have this service.

Select <b>Bikini Wax</b>	<b>Price: \$45.00</b>	<b>Duration: 00:30</b>
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Bikini Wax - waxing provides a safer, longer lasting alternative to shaving. YOU MUST BE 18 YEARS OF AGE to have this service. Hair should be at least 3/4" long.

Select <b>Brow Wax</b>	<b>Price: \$20.00</b>	<b>Duration: 00:15</b>
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Brow Wax - Smooth and silky skin for weeks. YOU MUST BE 18 YEARS OF AGE to have this service.

Select <b>Chin Wax</b>	<b>Price: \$20.00</b>	<b>Duration: 00:15</b>
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Chin Wax - Smooth and silky skin for weeks - waxing provides a safer, longer lasting alternative to shaving. MUST BE 18 YEARS OF AGE.

Select <b>Eye Brow Design</b>	<b>Price: \$30.00</b>	<b>Duration: 00:30</b>
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A method of shaping the eyebrow not using wax. MUST BE 18 YEARS OF AGE.

Select <b>Full Leg Wax</b>	<b>Price: \$84.00</b>	<b>Duration: 01:00</b>
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Full Leg Wax - Smooth and silky skin for weeks - waxing provides a safer, longer lasting alternative to shaving. Hair should be at least 3/4" long. MUST BE 18 YEARS OF AGE.

Select <b>Half Arm Wax</b>	<b>Price: \$40.00</b>	<b>Duration: 00:15</b>
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Half Arm Wax - Smooth and silky skin for weeks. Hair should be at least 3/4" long. MUST BE 18 YEARS OF AGE.

Select <b>Half Leg Wax</b>	<b>Price: \$40.00</b>	<b>Duration: 00:30</b>
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Half Leg Wax - Smooth and silky skin for weeks - waxing provides a safer, longer lasting alternative to shaving. Hair should be at least 3/4" long. MUST BE 18 YEARS OF AGE.

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## SAFETY HARBOR RESORT & SPA/ Facials

Select	<b>30 Min Pure Focus Facial</b>	<b>Price:</b> \$70.00	<b>Duration:</b> 00:45
	This is a good refresher facial or introductory facial. Discover your skin`s potential as 30 mintues are spent focusing on corrective techniques. Choose from skin exfoliation, face and neck massage or masque treatment. MUST BE 18 YEARS OF AGE.		
Select	<b>60 Min Elemental Nature Facial</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:15
	This is a customized facial where the esthetician addresses concerns ranging from acne to aging and other skin conditions. Your 60-minute treatment will include Stress Relieving Rituals with customized aroma and facial massage techniques specific to your needs. MUST BE 18 YEARS OF AGE.		
Select	<b>Add Botanical Skin Resurfacing</b>	<b>Price:</b> \$25.00	<b>Duration:</b> 00:15
	You may add this treatment to your facial. This treatment is a hands-on alternative to microdermabrasion. It is designed to give you comparable results, with less irritation. It is important to avoid irritation because it can actually contribute to premature signs of aging. MUST BE 18 YEARS OF AGE.		
Select	<b>Add Outer Peace (Acne Treatment)</b>	<b>Price:</b> \$25.00	<b>Duration:</b> 00:15
	This treatment may be added to any facial. A total acne solution combining clinically proven, plant based products with professional exfoliation and pore extractions.Acne Treatment is also recommended for Rosasea. MUST BE 18 YEARS OF AGE.		
Select	<b>Add Revitalizing Eye Zone</b>	<b>Price:</b> \$25.00	<b>Duration:</b> 00:15
	This treatment may be added to any facial. Focuses on diminishing fine lines, puffiness, and dark circles in the delicate eye area. MUST BE 18 YEARS OF AGE.		
Select	<b>Back Facial</b>	<b>Price:</b> \$110.00	<b>Duration:</b> 01:15
	This relaxing treatment includes a soothing cleansing, mild exfoliation and extraction of impurities. A mask is applied to soothe the skin and tighten the pores, leaving that hard-to-reach area smooth and radiant. MUST BE 18 YEARS OF AGE.		

Select	<b>Gentleman`s Elemental Nature Facial</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:15
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Customized facial that addresses skin impurities, dryness, sensitivity using techniques specific for men. MUST BE 18 YEARS OF AGE.

Select	<b>Self Renewal Facial</b>	<b>Price:</b> \$160.00	<b>Duration:</b> 01:30
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By investing more time into your facial treatment, you increase your skins` ability to recover. This expanded (75 Minute) treatment includes total rejuvenation, results, and recovery. MUST BE 18 YEARS OF AGE.

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## **SAFETY HARBOR RESORT & SPA/ Fitness**

Select	<b>30 Minute Nutritional Consultation</b>	<b>Price:</b> \$35.00	<b>Duration:</b> 00:30
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This nutritional consultation with our Nutrition/Health Educator will help you map out a personalized nutritional plan.

Select	<b>30 Minute Personal Training Session</b>	<b>Price:</b> \$35.00	<b>Duration:</b> 00:30
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One on one personal training session with a certified trainer.

Select	<b>60 Minute Nutritional Consultation</b>	<b>Price:</b> \$65.00	<b>Duration:</b> 01:00
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This nutritional consultation with our Nutrition/Health Educator will help you map out a personalized nutritional plan.

Select	<b>60 Minute Personal Training Session</b>	<b>Price:</b> \$65.00	<b>Duration:</b> 01:00
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One on One personal training session with a certified trainer.

Select	<b>90 Minute Nutritional Consultation</b>	<b>Price:</b> \$100.00	<b>Duration:</b> 01:30
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This nutritional consultation with our Nutrition/Health Educator will help you map out a personalized nutritional plan.

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## SAFETY HARBOR RESORT & SPA/ Make-Up

Select	<b>Make-up Application</b>	<b>Price:</b> \$40.00	<b>Duration:</b> 00:45
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Realize your ultimate beauty potential with an Aveda make-up session. The renowned Aveda line offers a complete range of makeup products to complement the skin care product line used in our salon. Our licensed professionals will analyze your specific make-up and beauty needs, charting the steps of application for your personal use.

Select	<b>Make-up Lesson</b>	<b>Price:</b> \$80.00	<b>Duration:</b> 01:00
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Realize your ultimate beauty potential with an Aveda make-up session. The renowned Aveda line offers a complete range of makeup products to complement the skin care product line used in our salon. Our licensed professionals will analyze your specific make-up and beauty needs, charting the steps of application for your personal use.

Select	<b>Special Occasion Make-up</b>	<b>Price:</b> \$65.00	<b>Duration:</b> 01:00
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This is recommended for wedding, proms, and other special occasions. Our licensed professionals will analyze your specific make-up and beauty needs, charting the steps of application for your personal use.

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## SAFETY HARBOR RESORT & SPA/ Massages

Select	<b>30 Min Pure Focus Massage</b>	<b>Price:</b> \$70.00	<b>Duration:</b> 00:45
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An introduction to massage that allows the guest to choose which area they want to focus on. Perfect for releasing tension and tightness or re-energizing. MUST BE 18 YEARS OF AGE.

Select	<b>60 Min Elemental Nature Massage</b>	<b>Price:</b> \$115.00	<b>Duration:</b> 01:15
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A personalized full body massage utilizing a variety of techniques based upon the Aveda Elemental Nature philosophy and your favorite Aveda aromas. MUST BE 18 YEARS OF AGE.

Select	<b>60 Min Fusion Stone Massage</b>	<b>Price:</b> \$120.00	<b>Duration:</b> 01:15
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Enhance your massage with warmed basalt rocks to assist in the delivery of heat to sore aching muscles. MUST BE 18 YEARS OF AGE.

Select	<b>60 Min Reflexology</b>	<b>Price: \$90.00</b>	<b>Duration: 01:15</b>
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Specific areas on your feet are massaged to relieve stress and release energy throughout your whole body. MUST BE 18 YEARS OF AGE.

Select	<b>60 Min. Prenatal Massage</b>	<b>Price: \$110.00</b>	<b>Duration: 01:15</b>
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A relaxing massage using special prenatal pillows. MUST BE 18 YEARS OF AGE.

Select	<b>60 Min. Shiatsu Massage</b>	<b>Price: \$110.00</b>	<b>Duration: 01:15</b>
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An ancient oriental technique using applied finger pressure to stress points along the energy meridian system. An excellent treatment to relieve tension, pain and fatigue, rebalance the body and promote an overall sense of well-being. MUST BE 18 YEARS OF AGE.

Select	<b>90 Min Ultimate Elemental Nature Massage</b>	<b>Price: \$185.00</b>	<b>Duration: 01:45</b>
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A personalized massage utilizing a variety of techniques based upon the Aveda Elemental Nature philosophy and Aveda aroma therapy.

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## **SAFETY HARBOR RESORT & SPA/ Nail Care**

Select	<b>Caribbean Therapy Manicure</b>	<b>Price: \$40.00</b>	<b>Duration: 01:00</b>
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A rejuvenating and nurturing treatment that utilizes the healing touch and plant ingredients from the isles to improve the condition of nails, cuticles, and skin. Featuring a special exfoliating paste combined with Caribbean massage techniques to smooth and soften, relax and renew. Also includes a paraffin dip.

Select	<b>Caribbean Therapy Pedicure</b>	<b>Price: \$80.00</b>	<b>Duration: 01:15</b>
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A rejuvenating and nurturing treatment that utilizes the healing touch and plant ingredients from the isles to improve the condition of nails, cuticles, and skin. Featuring a special exfoliating paste combined with Caribbean massage techniques to smooth and soften, relax and renew. Also includes a paraffin dip.

Select	<b>Foot Paraffin</b>	<b>Price: \$30.00</b>	<b>Duration: 00:30</b>
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Experience the warmth and hydration of paraffin wax as it coats your feet to help moisturize and soothe the skin.

Select	<b>Foot Polish Change</b>	<b>Price: \$20.00</b>	<b>Duration: 00:30</b>
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Refreshes your toe nail polish.

Select	<b>Hand Parafin</b>	<b>Price: \$30.00</b>	<b>Duration: 00:30</b>
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Hand Parafin - Experience the warmth and hydration of paraffin wax as it coats your hands or feet to help moisturize and soothe the skin.

Select	<b>Hand Polish Change</b>	<b>Price: \$20.00</b>	<b>Duration: 00:15</b>
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Refreshes your finger nail polish.

Select	<b>Spa Manicure</b>	<b>Price: \$30.00</b>	<b>Duration: 00:45</b>
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A basic manicure with soaking of the nails, exfoliation, cuticles, and massage.

Select	<b>Spa Pedicure</b>	<b>Price: \$60.00</b>	<b>Duration: 01:00</b>
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A basic pedicure with soaking of the feet, exfoliation, cuticles, and massage.

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